



**Community
Services
Program**



Attendant Services

Medicaid Waiver for the Elderly & Disabled

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Special Assistance Services

Information and Assistance

Home-Delivered Meals

Homemaker/Home Health Care

Adult Foster Care (Rest/Family Care)

Assisted Living

Assisted living is a community-based, residential services option for older persons and/or adults with physical disabilities who need assistance with the activities of daily living. Assisted living combines housing, personal services and light medical or nursing care in an environment that promotes maximum individual independence, dignity, privacy and choice.

ASSISTED LIVING SERVICES

Assisted living encompasses a wide range of personal care services and assistance with activities of daily living. These include: grooming, transferring, ambulating, bathing, dressing, eating and meal preparation, toileting, social and emotional support, and nursing services.

ASSISTED LIVING SETTINGS

Assisted living settings may include small group and residential homes, sections of apartment buildings and housing clusters, e.g., townhouses and mobile homes, free standing facilities, and sections of hospitals or nursing homes.

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FINANCIAL ASSISTANCE

Financial assistance is available for low income individuals through Medicaid or general funds if they meet the medical and financial criteria.

FOR ADDITIONAL INFORMATION AND ELIGIBILITY REQUIREMENTS CALL:

Delaware Health and Social Services'
Division of Services for Aging and Adults
with Physical Disabilities:

(800) 223-9074

Special Assistance Services

ASSISTIVE TECHNOLOGY, HOME MODIFICATION AND TRANSPORTATION

The Division of Services for Aging and Adults with Physical Disabilities has set aside limited funds to assist eligible adults with physical disabilities to receive assistance with three services: assistive technology, home modification and transportation. Funds spent on these services are intended to promote independence and allow adults with disabilities to live in community-based settings.

FOR MORE INFORMATION CALL:

DHSS Division of Services for Aging and Adults with Physical Disabilities:

New Castle County
(302) 453-3820

New Castle County toll free
(800) 223-9074

Kent/Sussex County
(302) 422-1386

Kent/Sussex County toll free
(800) 292-1515

TDD Statewide
(302) 453-3837
(800) 964-0303

Adult Foster Care (Rest/Family Care)

Adult foster care enables persons 18 years of age and older who are no longer capable of living independently to remain in the community and avoid inappropriate or premature placement in a long-term care facility.

The Division of Services for Aging and Adults with Physical Disabilities assists low-income individuals who meet specific medical and social criteria to find placement in caring, supportive family settings. Adult foster care provides an environment that offers some supervision of the individual's daily activities, yet encourages as much independent functioning as possible.

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Case Management

Case management is an integral component of the community-based long-term care system. Its purpose is to ensure a service delivery system that meets the needs of individuals seeking assistance.

The Division's Community Services Program offers a complete assessment of a person's physical, cognitive, social and emotional status in order to identify his/her needs. A care plan is developed with the individual, and his/her family if possible, to provide a full range of appropriate services, utilizing all available funding sources.

Case managers strive to maximize the capacity of older persons and persons with physical disabilities to make informed decisions in arranging for needed care.

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Homemaker/Home Health Care

Homemaker/home health care is designed to help maintain frail or disabled individuals 18 years of age or older in their own homes for as long as possible. This service can also be used to aid people in maintaining or regaining their independence, especially after serious illness or hospitalization.

Homemaker/home health care services are provided through numerous independent health care agencies in the community.

The Division of Services for Aging and Adults with Physical Disabilities' Community Services Program can aid eligible low to moderate income individuals in arranging for home health care services. These services can include personal care as well as household activities such as meal preparation and light housekeeping.

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Home-Delivered Meals

Home-Delivered Meals is a nutrition service that delivers hot, nutritionally-balanced meals. As needed, individuals also may have a cold, bagged meal delivered at the same time as the hot meal, ensuring that a meal will be available in the evening as well.

Homebound, low-income adults with disabilities eighteen to fifty-nine years of age can call the Division of Services for Aging and Adults with Physical Disabilities for eligibility requirements.

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Persons sixty and older are encouraged to contact one of the following local providers directly:

Wilmington

St. Anthony's Nutrition Program

(302) 421-3733

New Castle County

Geriatric Services of Delaware

(302) 658-6731

Kent County and Lower New Castle County

MANNA

(302) 734-1200

Sussex County

CHEER

(302) 856-5187

Medicaid Waiver for the Elderly & Disabled

The Medicaid Home and Community-based Waiver for the Elderly and Disabled is a cost-effective alternative for persons who are financially and medically eligible for the Medicaid Nursing Home Program.

The goal of the program is to safely maintain clients at home through the provision and coordination of services and informal support systems (family, friends). The waiver program provides an opportunity for individuals to exercise the right of self-determination in the development of the plan of care, choice of provider, and as an alternative to nursing home placement.

The intent of the program is not to provide or pay for all of the care at home, but to supplement and coordinate a package of services and informal support systems to provide the necessary care. Participation of family and friends is encouraged, and in most cases vital, in order to safely maintain a person in the community setting.

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Information and Assistance

Information and Assistance is an access system designed to inform, guide, direct and link older persons and persons with physical disabilities to needed and available resources. These resources are aimed at assisting people to remain independent in their homes and communities. Delaware's I & A Program is part of a national Eldercare Locator system whereby callers can use a toll-free number to help long-distance caregivers and their families locate the appropriate service for their specific need.

Calls coming into the Division of Services for Aging and Adults with Physical Disabilities office will be answered by a trained social service specialist who will help callers identify their need for assistance. Those callers with less complex needs will be given the phone numbers of appropriate resources. Upon request, callers will be mailed a brochure describing the network of available services and programs. Callers with more complex needs will be assisted by the Division's Client Services Intake Unit.

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Attendant Services

The goal of attendant services is to provide the means for independent living for eligible persons with disabilities who require extensive assistance, not otherwise available, in order to work and/or avoid living in a highly supervised institutional setting. The service is intended to facilitate autonomy and independence; therefore, the consumer or his/her designated surrogate will maintain control over the use of the services, within agreed guidelines and consumer capability, that is consistent with personal lifestyle and preferences.

Services performed by the attendant include such basic tasks as: dressing, bathing and grooming; getting in and out of bed or one's wheelchair; assistance with transportation needs; toileting (including bowel, bladder and catheter assistance); eating (including feeding); and health maintenance activities.

Companion services and other support services may be provided, but only in conjunction with the above basic services.

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**DELAWARE HEALTH
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND
ADULTS WITH PHYSICAL DISABILITIES